

MAKING FRIENDS AT UNIVERSITY

Most students feel a mixture of nerves and excitement when meeting new people. Take comfort from that - we're all in it together. Remember that you have three whole years to settle in and make friends at Winchester.

Join societies and make friends

Being involved in societies and doing activities you're really interested in is a great way to make friends with like-minded people at uni.

Top tips: Check out the Get Involved Button on the Intranet for all the opportunities available at the University. Check out the SU Website: www.winchesterstudents.co.uk and email suactivities@winchester.ac.uk for the latest updates on events. Consider volunteering - it's a great way to meet new people: email volunteering@winchester.ac.uk



UNIVERSITY OF
WINCHESTER



WINCHESTER
STUDENT UNION

Your flatmates

Being chatty and taking an interest in what your flatmates enjoy helps to create a more relaxed atmosphere and overcome first week awkwardness.

Top tips: Organise a flat dinner and assign dishes. Suggest a movie night, games are a fun and great way to bond, hang out in the communal area or simply offer to make a cup of tea - small things go a long way!

Course mates

Getting to know others on your course means you always have someone to sit next to in lectures and someone who will understand what you're going through when deadlines are looming.

Top tips: Ask to sit next to people in lectures and start up a conversation. Make use of free time by suggesting going for coffee afterwards.

Advice guru

Finding a friend who is prepared to be ready with tissues and chocolate should you need the support is helpful.

Top tips: Try to be there for other people, when you can, to offer advice - they will be more likely to be there for you in return.

Venturing out

Find friends that you can call on when you want a great night out; they may be able to suggest great places to go in Winchester that you haven't been to before. The Student Union run non-alcoholic based events, so there is something for everyone.

Top tips: Arrange to get ready together before heading out.

Take time to be yourself

Be true to yourself, your likes and dislikes. It's also okay if you want some alone time to unwind and recharge.